



VOLUNTEER WAIVER AND RELEASE OF LIABILITY

The volunteer hereby freely, voluntarily and without duress executes this release under the following terms:

1. Release and Waiver. Volunteer does hereby release and forever discharge and hold harmless MANNA FoodBank and its successors and assigns from any and all liability, claims, and demands of whatever kind or nature, either in law or in equity, which arise or may hereafter arise from Volunteer's activities with MANNA FoodBank. *Volunteer understands that this release discharges MANNA FoodBank from any liability or claim with respect to any bodily injury, personal injury, illness, death or property damage that may result from Volunteer's activities. Volunteer understands that MANNA FoodBank does not assume any responsibility for or obligation to provide financial assistance or other assistance, including but not limited to medical, health, or disability insurance in the event of injury or illness.*

2. Medical Treatment. Volunteer does hereby release and forever discharge MANNA FoodBank from any claim whatsoever which arises or may hereafter arise on account of any first aid, treatment, or service rendered in connection with the Volunteer's activities with MANNA FoodBank.

3. Assumption of Risk. The volunteer understands that the activities/work may be hazardous to the Volunteer, including, but not limited to lifting, loading and unloading, and other warehouse activities. *Volunteer hereby expressly and specifically assumes the risk of injury or harm and releases MANNA FoodBank.*

4. Insurance. The volunteer understands that, except as otherwise agreed to by MANNA FoodBank in writing, MANNA FoodBank does not carry or maintain health, medical or disability insurance coverage for any Volunteer. *Each Volunteer is expected and encouraged to obtain their own medical or health insurance.*

5. Other. Volunteer expressly agrees that this Release is intended to be as broad and inclusive as permitted by the laws of North Carolina, and that this Release shall be governed by and interpreted in accordance with the laws of North Carolina. Volunteer agrees that in the event that any clause or provision of this Release shall be held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this release which shall continue to be enforceable.

6. Use of Image. Photos of volunteer activities are often used in promotional materials. MANNA will be allowed to use volunteer images unless volunteers submit in writing their objection.

Date _____ Volunteer Age _____

Volunteer Name _____

If volunteer is 18 years of age or under, the parent or guardian must also sign below

Parent or Guardian _____

Involving, educating, and uniting people in the work of ending hunger in Western North Carolina