



The Mission of MANNA Food Bank is to involve, educate, and unite people in the work of ending hunger in Western North Carolina.

THE VISION OF MANNA FoodBank IS A HUNGER-FREE WNC.



MANNA FoodBank opened its doors in the basement of Eliada Homes in 1983. That first year, the food bank distributed 40,000 pounds of food. In 2016 MANNA distributed 16.4 million pounds of food, including 3.8 million pounds of fresh produce in WNC. That's enough food to provide 37,500 meals for every day of the year! Still, the need persists. 1 out of 6 of our neighbors struggles to put food on the table.

WHAT WE DO:

Serve over 200 partner agencies in 16 counties. MANNA supplies food to pantries, soup kitchens, homeless and domestic violence shelters, child and adult daycare centers, and group homes. The food MANNA distributes comes from private donations, public programs, local and national food suppliers.



Deliver MANNA Packs for Kids. 1 out of 4 children in WNC lives in conditions of food insecurity-without the continuous access to the basic food they need to live a healthy life. MANNA Packs ensures that each Friday children from low-income households across our service area leave school with a package of food in their backpacks to provide nourishment over the weekend. The program reached an average of 4,800 kids at 172 different schools and sites spanning all of 16 counties in our service area.

Outreach that strengthens communities. Food and Nutrition Services (FNS; formerly known as food stamps) is an effective and efficient way to prevent hunger. This program reduces food insecurity and improves the chances that a child will experience healthy development. In 2016, MANNA's outreach efforts assisted 1,780 households with applications for FNS. An important component of this outreach effort is the MANNA Food HelpLine. Clients can receive help accessing food by calling 1-800-820-1109, Monday through Friday from 9 a.m. to 4 p.m.

PARTNERING WITH MANNA: A Problem We Can Solve Together.

- **Give.** Every dollar donated to MANNA helps provide enough food for three meals.
- **Volunteer.** MANNA and the partner agencies could not exist without volunteers. Our dedicated team numbers over 6,200, and in 2016, they gave us 65,000 hours of their valuable time! That's the equivalent of 33 full-time employees!
- **Understand and Advocate.** There are many ways to learn more about hunger on a local and national level and about MANNA. Visit **MANNAFoodBank.org** or call **(828) 299-FOOD** to schedule a tour of our facilities.



MANNA FoodBank is a member of Feeding America. MANNA was awarded a 4 Star Rating from Charity Navigator for the 6th consecutive year in 2016. This is the highest rating possible and puts MANNA in the top 4% of non-profit organizations in the country for stewardship and financial responsibility.

